

Lock & Talk

Studies show individuals are three times more likely by suicide when firearms are accessible, and the majority of people who die by suicide use firearms (61%) or poisons (19%)

1. Lock & Talk is a safe storage program addressing lethal means.
2. Limiting access to firearms and poisons for a person in crisis is an essential strategy for preventing suicide.
3. Each Community Services Board in Northern Virginia offers free locking devices for guns & medications. See reverse of this brochure for locations and contacts.



Visit www.lockandtalk.org

We empower Virginia communities to prevent suicide.

Last year Virginia gave out:

6489

Medication Lock Boxes

5597

Gun Locks



LOCK MEDS
LOCK GUNS
TALK
SAFETY

Where to Get Locks & Training

Arlington County

Contact the Child and Family Services Division, Arlington Department of Human Services at 703.228.1528 or email Inghe@arlingtonva.us

City of Alexandria

Visit DCHS [here](#) to find pick-up locations.

Fairfax County

Visit the Fairfax-Falls Church CSB to find pick-up locations [here](#).

Loudoun County

Visit Health & Human Services [here](#) or email prevention@loudoun.gov

Prince William County

Visit Community Services to find information [here](#).

**HOURS COUNT.
MINUTES COUNT.
PROTECT THE ONES YOU LOVE.**

61%

of people who die by suicide use firearms

19%

of people who die by suicide overdose on medications

Free Medication Lock Boxes & Gun Locks

The suicide prevention program in each Community Services Board offers free locking devices for medications and guns. To obtain trigger and cable locks for guns and locking pill boxes and medication boxes, contact your CSB.

Lock

We promote the importance of limiting access to lethal means for persons with suicide thoughts. We provide free safety devices to secure guns & medications.

Talk

We teach anyone how to have conversations that can save lives using a variety of evidence-based skills trainings.