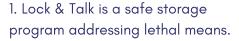
Lock & Talk

Studies show individuals are three times more likely by suicide when firearms are accessible, and the majority of people who die by suicide use firearms (61%) or poisons (19%)



- 2. Limiting access to firearms and poisons for a person in crisis is an essential strategy for preventing suicide.
- 3. Each Community Services
 Board in Northern Virginia offers
 free locking devices for guns &
 medications. See reverse of this
 brochure for locations and
 contacts.



Visit www.lockandtalk.org

We empower Virginia communities to prevent suicide.

Last year Virginia gave out:

6489

Medication Lock Boxes

5597

Gun Locks



Where to Get Locks & Training

Arlington County

Contact the Child and Family Services Division, Arlington Department of Human Services at 703.228.1528 or email Inghe@arlingtonva.us

City of Alexandria

Visit DCHS <u>here</u> to find pick-up locations.

Fairfax County

Visit the Fairfax-Falls Church CSB to find pick-up locations here.

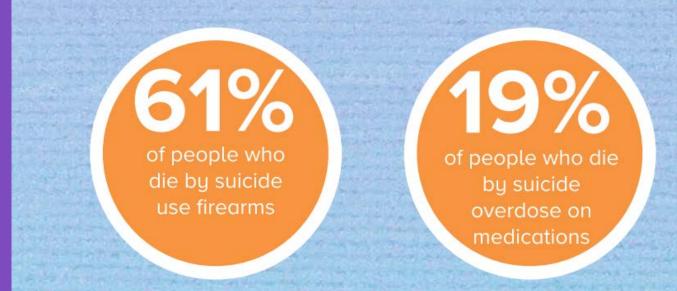
Loudoun County

Visit Health & Human Services here
or email preventionaloudoun.gov

Prince William County

Visit Community Services to find information here.

HOURS COUNT. MINUTES COUNT. PROTECT THE ONES YOU LOVE.



Free Medication Lock Boxes & Gun Locks

The suicide prevention program in each Community Services Board offers free locking devices for medications and guns. To obtain trigger and cable locks for guns and locking pill boxes and medication boxes, contact your CSB.

Lock

We promote the importance of limiting access to lethal means for persons with suicide thoughts. We provide free safety devices to secure guns & medications.

Talk

We teach anyone how to have conversations that can save lives using a variety of evidence-based skills trainings.